

Pain Medication Policy

To comply with government regulations and to assist in insurance authorization, the protocol for prescribing chronic pain medication will include:

1. The patient and health care provider will agree to a pain medication treatment contract.
2. The patient will agree to the use of one pharmacy for all narcotics and will agree that all narcotic prescriptions will be written by our office only.
3. The patient will be seen on a regular basis for musculoskeletal assessment.
4. This visit will evaluate any requirement for the narcotic pain medication. If it is determined that a urine drug screen is necessary, it will be prescribed. The patient will return one week later for results.
5. Upon return for review of the urine drug screen, the Virginia Prescription Monitoring Program, and all government and insurance requirements, a month prescription will be issued if deemed appropriate.

**Unfortunately in
many cases,
insurances have
denied payments for
narcotics.**

**If denied, you will
be responsible for
all out of pocket**

Wardell Orthopaedics

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Wardell Orthopaedics

Pain Management



MUSCULOSKELETAL

CARE FOR LIFE

Phone: 757.215.1400

Pain Management

Orthopaedics is the specialty of medicine which involves the diagnosis and treatment of traumatic as well as non-traumatic conditions of the bones, joints, and muscles of the arms, legs, and spine.

Many of our patients are seen and treated for pain resulting from these conditions.

In this office, musculoskeletal pain is treated with a comprehensive pain management program. This means treatment is provided by combining different types of proven pain management techniques, including, but not limited to, opioid pain medication, physical therapy, relaxation techniques, and psychologic counseling.



Pain Medications

Pain medication, including opioid medication, is often a valuable part of a comprehensive pain management program. But opioid medication should be minimized to lessen the risks associated with this treatment.

Wardell Orthopaedics complies with all state and federal regulations regarding opioid medication treatment. The doctors of Wardell Orthopaedics are not pain management specialists. By regulation, they cannot prescribe high narcotic dosages which may be required to treat some patients with chronic pain.

If a comprehensive orthopaedic pain management program, which includes opioid medication, does not result in adequate relief, patients will be referred to a Pain

Management Clinic.

Regulations Regarding Opioid Pain Medication

The government, both at the federal and state levels, has issued regulations and recommendations regarding doctors prescribing pain medication.

These regulations and recommendations include:

1. Issues involving dosage levels
2. The necessity for urine drug screens
3. The requirement for prescribing overdose rescue drugs
4. The concern regarding use of other types of drugs with narcotic drugs
5. The use of multiple prescribers
6. The use of multiple pharmacies

In addition to government regulations, insurance providers have set rules to be met in order that the insurer will pay for prescription drugs.